

# Shade Grown Coffee and Bird Tour in Mexico

## 5 Nights in Mexico beginning February 28, 2008

Join San Cristobal Coffee Importers founders Jim Kosalos and Devorah Zeitlin, and Jaime Luna from Cafés Sustentables de Mexico for an educational coffee and birding adventure in tropical Mexico. This visit to the farms and surrounding area of the Ejido Malinal cooperative is an excellent opportunity to understand the issues of sustainability, shade coffee, certification and impacts on neotropical migratory birds. Learn about coffee and converse with small farmers about their livelihoods as coffee producers.



### Itinerary:

#### Arrival Day: Thursday, 28 February

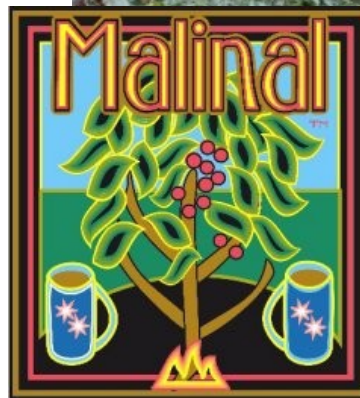
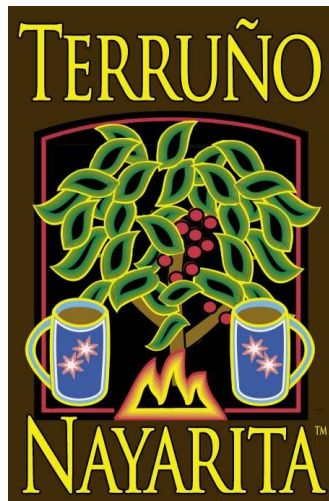
Puerto Vallarta, Jalisco  
Arrival Puerto Vallarta, orientation and welcome dinner.

#### Day 2: Friday, 29 February

San Blas, Nayarit  
Free morning to relax and enjoy the sun, beach and beautiful Puerto Vallarta. Mid-day travel to San Blas for boat tour of a Bird Sanctuary, dinner and overnight.

**Day 3: Saturday, 1 March** Tepic, Nayarit  
Enjoy San Blas, a unique colonial port city full of historic ruins from the 18<sup>th</sup> Century. Mid-day travel to coffee plantations near Palapitas and Cuarenteño to meet the growers and pick coffee. Afternoon includes visits to area wet mills. Evening diner and overnight in Tepic

**Day 4: Sunday, 2 March** Tepic, Nayarit  
Morning visit to Café Sustentables de Mexico for familiarization with QA procedures and cupping coffee produced in the region. Afternoon travel to El Malinal for a mill tour and fiesta with the producers of El Malinal. Return to Tepic for free time and overnight.



**Day 5: Monday, 3 March** Puerto Vallarta, Jalisco  
Free morning to enjoy downtown Tepic and its museums. Mid-day departure for dry mill tour and lunch near Compostela. Afternoon departure for Puerto Vallarta. Evening and supper in Puerto Vallarta.

**Day 6: Tuesday, 4 March** Departures  
Free morning in Puerto Vallarta with afternoon flight departures.

### Price: \$ 1,190

Price is per person double occupancy in standard hotel. Includes 5 night's hotel, all ground transportation and tours, and most meals. Single supplement is \$100. Ask for more information about flight arrangements. Detailed itinerary subject to change.



## Cafés Sustentables de México

Rosamorada No. 220 Colonia Morelos CP 63160 Tepic, Nayarit, Mexico  
Teléfono (52) 311-210-3599 www.cafesumex.com